Under the Patronage
of the President of the Council of Ministers
His Excellency Mr. Saad Hariri

2nd FAGOS Meeting
Women Health Frontiers

In collaboration with
the Lebanese Society of Obstetrics and Gynecology (LSOG)

September 13-14, 2019
Radisson Blu Hotel,
Dunes Center, Verdun, Beirut

PROGRAM
Welcome Letter

Last year, we promised you an exciting first standalone meeting of the Federation of Arab Gynecology Obstetrics Societies (FAGOS), and with you, it was successful by all means. This year we are building on our previous meeting, collaborating with WHO EMRO, FIGO, and RCOG, to bring to you a diverse, up to date, and relevant scientific program that satisfies colleagues coming from various walks of practice. The year, the meeting carries the FAGOS theme of woman’s health across lifespan and across health and medical conditions, emphasizing the comprehensive approach to woman health in daily practice. Arab women continue to suffer from issues related to maternal mortality, contraceptive prevalence, non-communicable diseases, sexual and reproductive health problems, war and conflict, and breast and gynecologic cancers, not to mention poor access to care, and universal health coverage.

FAGOS2019, in providing forefront scientific updates and guidelines for practice and policy, aims to set a cornerstone for clinical rigor and skill competence bringing international and Arab colleagues together, and to the global arena, to promote woman’s health and wellbeing. This is continued through collaboration with Arab national societies and international bodies like FIGO, RCOG, and others.

FAGOS2019 is an established platform towards better understanding of woman’s health care within the context of human rights and in line with SDG2030, especially in our region where reproductive health indicators for women are seriously affected by conflict and poverty. FAGOS will work towards intensive engagement of Arab OBGYNs with woman’s health issues to not only to maintain clinical excellence, but also to outreach to communities for wider care, more empathy, and more influence on public health policy. In this regard, this year meeting is offering an exciting and motivating scientific program delivered by excellent speakers sharing their experience and expertise with us, and presenting the most recent developments and the latest guidelines in our specialty.

I now invite you all to mark your calendars and inform us of any mode of participation you suggest, and indeed welcome you to the charming Beirut to attend this important medical and educational milestone, hoping that you will take part in this unique scientific and social event at the doorsteps of the beautiful Mediterranean.

Sincerely,

Faysal El-Kak, MD, MS, ARCOG
President of the Congress
President, Federation of Arab GYNOB Societies (FAGOS)
VP- FIGO
Committees

President of the Congress

Faysal El Kak, MD

FAGOS Board

Faysal El Kak, MD  President
Said Sarahneh, MD  Vice President
Hasan Abdel Jabar, MD  President Elect
Awatef El Bahr, MD  Treasurer
Ahmad Abdelwahed, MD  General Secretary

FAGOS Committees

Abdallah Adra, MD  Chair Scientific Committee
Fadi Mirza, MD  Co-Chair Scientific Committee
Sami Mahmoud, MD  Media Committee

Congress Committee

Dr. Saadeddine Itani, MD  Chairperson - President LSOG

Collaborators:

Dr. Charles Saab, MD  Co-Chair - Past President AACE Lebanon Chapter
Dr. Ali Taher, MD  Co-Chair - President LJCAT
Hasan Abdeljabar, MD
Ahmad Abdelwahed, MD
Abdallah Adra, MD
Taghreed Al Haidari, MD
Rabih Chahine, MD
Tamima Dughaishi, MD
Awatef El Bahr, MD
Ramzi Finan, MD
Wadih Ghanamé, MD
Said Sarahneh, MD
Salah Sheikha, MD
Rana Skaf, MD
Tony Zreik, MD
Speakers

International speakers

Hasan Abdel Jabar  
KSA

Ahmad Abdelwahed  
Jordan

Hanin Abduljabar  
KSA

Taghreed Al Haidari  
Iraq

Kristina Gemzell Danielsson  
Sweden

Lucie Henaut  
France

Deborah Mukherj  
UK/Lebanon

Said Sarahneh  
Palestine

Salah Sheikha  
Syria

Anette Tonnes Pedersen  
Denmark

Philippe Touraine  
France

Alison Wright  
UK

TBA  
WHO EMRO

Local speakers

Abdallah Adra

Rabih Chahine

Faysal El Kak

Antoine Finianos

Labib Ghulmiyyah

Colette Hanna

Karam Karam

Anwar Nassar

Charles Saab

Antoine Sarkis

Anthony Saroufim

Muhieddine Seoud

Joe Suidan
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00 - 09:00</td>
<td>Registration</td>
</tr>
<tr>
<td><strong>Moderators</strong></td>
<td>Imad Abou Jaoudé, Fayez Bitar, Rabih Chahine</td>
</tr>
<tr>
<td>09:00 - 10:30</td>
<td><strong>Session 1: Women and non communicable diseases</strong></td>
</tr>
<tr>
<td>09:00 - 09:20</td>
<td>Lupus in pregnancy and beyond Labib Ghulmiyyah</td>
</tr>
<tr>
<td>09:20 - 09:40</td>
<td>Obesity as an anchor of NCDs Charles Saab</td>
</tr>
<tr>
<td>09:40 - 10:00</td>
<td>How does menopause impact women’s heart? Antoine Sarkis</td>
</tr>
<tr>
<td>10:00 - 10:15</td>
<td>Osteoporosis in post-menopausal women: New insights overview Charles Saab</td>
</tr>
<tr>
<td>10:15 - 10:30</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td><strong>Moderator</strong></td>
<td>Houssam Abdel Reda</td>
</tr>
<tr>
<td>10:30 - 11:15</td>
<td><strong>Plenary session: Arab women health under conflict: Syria, Lebanon, and Iraq</strong></td>
</tr>
<tr>
<td><strong>Discussant:</strong></td>
<td>Faysal El Kak</td>
</tr>
<tr>
<td>11:15 - 11:45</td>
<td><strong>Coffee Break</strong></td>
</tr>
<tr>
<td><strong>Moderators</strong></td>
<td>Rana El Tal, Ariana Jawad, Georges Kehdi, Toufic Naba’</td>
</tr>
<tr>
<td>11:45 - 13:00</td>
<td><strong>Session 2: Women at the borders of reproductive health</strong></td>
</tr>
<tr>
<td>11:45 - 12:05</td>
<td>Adolescense gynecology - How to secure a good transition Anette Tønnes Pedersen</td>
</tr>
<tr>
<td>12:05 - 12:25</td>
<td>Premature ovarian insufficiency Philippe Touraine</td>
</tr>
<tr>
<td>12:25 - 12:45</td>
<td>Women health in the postmenopause: A new horizon Karam Karam</td>
</tr>
<tr>
<td>12:45 - 13:00</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td>**13:00 - 14:15</td>
<td><strong>Lunch and Prayer Break</strong></td>
</tr>
<tr>
<td><strong>Moderators</strong></td>
<td>Ahmad Abdelwahed, Aline Abi Sleiman, Paul Barakat</td>
</tr>
<tr>
<td>14:15 - 15:30</td>
<td><strong>Session 3: Women in labor and delivery</strong></td>
</tr>
<tr>
<td>14:15 - 14:35</td>
<td>Defining the ideal global Caesarean section rate Alison Wright</td>
</tr>
<tr>
<td>14:35 - 14:55</td>
<td>Do you cut or wait for it to tear? Anwar Nassar</td>
</tr>
<tr>
<td>14:55 - 15:15</td>
<td>Quality and safety in the second stage of labour Alison Wright</td>
</tr>
<tr>
<td>15:15 - 15:30</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td>**15:30 - 16:00</td>
<td><strong>Coffee Break</strong></td>
</tr>
</tbody>
</table>
Friday, September 13th, 2019

Moderators Hasan Abdel Jabar, Abdel Nasser Abou Khalil, Bassem Skaff, Rana Skaf

16:00 - 17:15 Session 4: Women and reproductive challenges

16:00 - 16:20 Autotransplantation of cryopreserved ovarian tissue - What are the results Anette Tønnes Pedersen

16:20 - 16:40 Dual stimulation in poor responders: Any benefits? Hanin Abduljabar

16:40 - 17:00 Congenital adrenal hyperplasia: Classical and non-classical forms and their impact on fertility Philippe Touraine

17:00 - 17:15 Q&A

Moderators Johnny Barakat, Mohamad Ramadan

17:15 - 17:45 Clinical implication of vitamin K2 deficiency on women’s health : New insights into the Calcium paradox Lucie Henaut

Symposium sponsored by Omicron

17:45 Opening Ceremony
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>08:00 - 09:00</strong></td>
<td>Registration</td>
</tr>
<tr>
<td><strong>09:00 - 10:15</strong></td>
<td>Session 5: Women health under controversies</td>
</tr>
<tr>
<td>09:00 - 09:20</td>
<td>Emergency contraception: True mechanisms of action Kristina Gemzell Danielsson</td>
</tr>
<tr>
<td>09:20 - 09:40</td>
<td>Menopause and hormonal treatment: Where do gynecologists stand?</td>
</tr>
<tr>
<td>09:40 - 10:00</td>
<td>LARC – Addressing myths and removing barriers Kristina Gemzell Danielsson</td>
</tr>
<tr>
<td>10:00 - 10:15</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td><strong>10:15 - 10:45</strong></td>
<td>Maximizing benefit for fetal brain development Joe Suidan</td>
</tr>
<tr>
<td><strong>10:45 - 11:05</strong></td>
<td>Novelties in Non-Invasive Fetal Testing Abdallah Adra</td>
</tr>
<tr>
<td><strong>11:05 - 11:45</strong></td>
<td>Brunch</td>
</tr>
<tr>
<td><strong>11:45 - 12:45</strong></td>
<td>Special Session 6: Women cancer survivors and sexual dysfunction</td>
</tr>
<tr>
<td><strong>12:45 - 14:00</strong></td>
<td>Session 7: Hematology</td>
</tr>
<tr>
<td>12:45 - 13:05</td>
<td>Thromboprophylaxis in OBGYN: An update Anthony Saroufim</td>
</tr>
<tr>
<td>13:05 - 13:25</td>
<td>Bleeding in women Colette Hanna</td>
</tr>
<tr>
<td>13:45 - 14:00</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td><strong>14:00 - 15:00</strong></td>
<td>Special Session 8: Women and cervical cancer: Towards eliminating cervical cancer in the Arab region (FAGOS special session in collaboration with WHO EMRO)</td>
</tr>
<tr>
<td>14:00 - 15:00</td>
<td>Discussants: Reem Abdallah, Faysal El Kak</td>
</tr>
</tbody>
</table>

Panelists: Dr. Muhieddine Seoud, FAGOS, FIGO, WHO EMRO, LSOG, and MOPH
1- Burden of CC with future prospects
2- Current screening / prevention status
3- Towards a multi-layered strategy to eliminate cervical cancer
FIGO WORLD CONGRESS
SYDNEY 2021

Save the Date:
24 - 29 October 2021

For more information please visit:
www.figo.org/figo-2021-sydney
Registration Fees:
Int’l Participants 400 USD
Lebanese Participants 100 USD