

2<sup>nd</sup>  
**FAGOS Meeting**

**Women Health Frontiers**

*In collaboration with*  
the Lebanese Society of Obstetrics and Gynecology (LSOG)



**September 13-14, 2019**  
**Radisson Blu Hotel,**  
**Dunes Center, Verdun, Beirut**

**CME**  
CREDITS

**PROGRAM**



## Welcome Letter

Last year, we promised you an exciting first standalone meeting of the Federation of Arab Gynecology Obstetrics Societies (FAGOS), and with you, it was successful by all means. This year we are building on our previous meeting, collaborating with WHO EMRO, FIGO, and RCOG, to bring to you a diverse, up to date, and relevant scientific program that satisfies colleagues coming from various walks of practice. The year, the meeting carries the FAGOS theme of woman's health across lifespan and across health and medical conditions, emphasizing the comprehensive approach to woman health in daily practice. Arab women continue to suffer from issues related to maternal mortality, contraceptive prevalence, non-communicable diseases, sexual and reproductive health problems, war and conflict, and breast and gynecologic cancers, not to mention poor access to care, and universal health coverage.

FAGOS2019, in providing forefront scientific updates and guidelines for practice and policy, aims to set a cornerstone for clinical rigor and skill competence bringing international and Arab colleagues together, and to the global arena, to promote woman's health and wellbeing. This is continued through collaboration with Arab national societies and international bodies like FIGO, RCOG, and others.

FAGOS2019 is an established platform towards better understanding of woman's health care within the context of human rights and in line with SDG2030, especially in our region where reproductive health indicators for women are seriously affected by conflict and poverty. FAGOS will work towards intensive engagement of Arab OBGYNs with woman's health issues to not only to maintain clinical excellence, but also to outreach to communities for wider care, more empathy, and more influence on public health policy. In this regard, this year meeting is offering an exciting and motivating scientific program delivered by excellent speakers sharing their experience and expertise with us, and presenting the most recent developments and the latest guidelines in our specialty.

I now invite you all to mark your calendars and inform us of any mode of participation you suggest, and indeed welcome you to the charming Beirut to attend this important medical and educational milestone, hoping that you will take part in this unique scientific and social event at the doorsteps of the beautiful Mediterranean.

Sincerely,

**Faysal El-Kak, MD, MS, ACOG**

*President of the Congress*

*President, Federation of Arab GYNOB Societies (FAGOS)*

*VP- FIGO*

# Committees

## President of the Congress

Faysal El Kak, MD

## FAGOS Board

Faysal El Kak, MD

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Said Sarahneh, MD

Vice President

Hasan Abdel Jabar, MD

President Elect

Awatef El Bahr, MD

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Ahmad Abdelwahed, MD

General Secretary

## FAGOS Committees

Abdallah Adra, MD

Chair Scientific Committee

Sami Mahmoud, MD

Media Committee

## Congress Committee

Dr. Saadeddine Itani, MD

Chairperson - President LSOG

*Collaborators:*

Dr. Charles Saab, MD

Co-Chair - Past President AACE

Dr. Ali Taher, MD

Co-Chair - President LJCAT

Hasan Abdeljabar, MD

Ahmad Abdelwahid, MD

Abdallah Adra, MD

Taghreed Al Haidari, MD

Rabih Chahine, MD

Tamima Dughaishi, MD

Awatef El Bahr, MD

Ramzi Finan, MD

Wadih Ghanamé, MD

Said Sarahneh, MD

Salah Sheikha, MD

Rana Skaf, MD

Tony Zreik, MD

# Speakers

## International speakers

Kristina Gemzell Danielsson	<i>Sweden</i>
Lucie Henaut	<i>France</i>
Deborah Mukherj	<i>UK/Lebanon</i>
Anette Tonnes Pedersen	<i>Denmark</i>
Philippe Touraine	<i>France</i>
Alison Wright	<i>UK</i>

## Regional/Local speakers

Hasan Abdel Jabar	<i>KSA</i>
Ahmad Abdelwahid	<i>Jordan</i>
Hanin Abduljabar	<i>KSA</i>
Abdallah Adra	<i>Lebanon</i>
Taghreed Al Haidari	<i>Iraq</i>
Hicham Arab	<i>KSA</i>
Faysal El Kak	<i>Lebanon</i>
Antoine Finianos	<i>Lebanon</i>
Labib Ghulmiyyah	<i>Lebanon</i>
Colette Hanna	<i>Lebanon</i>
Karam Karam	<i>Lebanon</i>
Anwar Nassar	<i>Lebanon</i>
Charles Saab	<i>Lebanon</i>
Said Sarahneh	<i>Palestine</i>
Antoine Sarkis	<i>Lebanon</i>
Anthony Saroufim	<i>Lebanon</i>
Salah Sheikha	<i>Syria</i>
Joe Suidan	<i>Lebanon</i>

## Friday, September 13<sup>th</sup>, 2019

### 08:00 - 09:00 Registration

### 09:00 - 10:15 Session 1: Women and non communicable diseases

09:00 - 09:20 Lupus in pregnancy and beyond **Labib Ghulmiyyah**

09:20 - 09:40 How does menopause impact women's heart? **Antoine Sarkis**

09:40 - 10:00 Obesity as an anchor of NCDs **Charles Saab**

10:00 - 10:15 Q&A

10:15 - 11:00 Plenary session: Arab women under conflict

**Salah Sheikha, Taghreed Al Haidari**

Discussant: **Faysal El Kak**

### 11:00 - 11:30 Coffee Break

### 11:30 - 12:45 Session 2: Women at the borders of reproductive health

11:30 - 11:50 Adolescence gynecology - How to secure a good transition

**Anette Tønnes Pedersen**

11:50 - 12:10 Premature ovarian insufficiency **Philippe Touraine**

12:10 - 12:30 Women health in the postmenopause: A new horizon **Karam Karam**

12:30 - 12:45 Q&A

### 12:45 - 14:00 Lunch and Prayer Break

### 14:00 - 15:15 Session 3: Women in labor and delivery

14:00 - 14:20 Defining the ideal global Caesarean section rate **Alison Wright**

14:20 - 14:40 Do you cut or wait for it to tear? **Anwar Nassar**

14:40 - 15:00 Quality and safety in the second stage of labour **Alison Wright**

15:00 - 15:15 Q&A

### 15:15 - 15:45 Coffee Break

## Friday, September 13<sup>th</sup>, 2019

### 15:45 - 17:00 **Session 4: Women and reproductive challenges**

15:45 - 16:05 Autotransplantation of cryopreserved ovarian tissue - What are the results **Anette Tønnes Pedersen**

16:05 - 16:25 Dual stimulation in poor responders: Any benefits? **Hanin Abduljabar**

16:25 - 16:45 Congenital adrenal hyperplasia: Classical and non-classical forms and their impact on fertility **Philippe Touraine**

16:45 - 17:00 Q&A

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17:00 - 17:30 Clinical implication of vitamin K2 deficiency on women's health :  
New insights into the Calcium paradox **Lucie Henaut**  
*Symposium sponsored by Omicron*

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17:30

**Opening Ceremony**

## Saturday, September 14<sup>th</sup>, 2019

### 09:00 - 10:15 **Session 5: Women health under controversies**

09:00 - 09:20 Emergency contraception: True mechanisms of action

*Kristina Gemzell Danielsson*

09:20 - 09:40 Menopause and hormonal treatment: Where do gynecologists stand? *Anette Tønnes Pedersen*

09:40 - 10:00 LARC – Addressing myths and removing barriers

*Kristina Gemzell Danielsson*

10:00 - 10:15 Q&A

10:15 - 10:45 Maximizing benefit for fetal brain development *Joe Suidan*  
*Symposium sponsored by Omicron*

10:45 - 11:05 Novelties in Non-Invasive Fetal Testing *Abdallah Adra*

### 11:05 - 11:45 **Brunch**

### 11:45 - 12:45 **Special Session 6: Women cancer survivors and sexual dysfunction**

*(in collaboration with Women Integrated Sexual Health (WISH) Program at AUBMC)*

- Rising burden of cancer among women *Deborah Mukherji*

- Sexual health of cancer survivors: Role of gynecologist *Faysal El Kak*

### 12:45 - 14:00 **Session 7: Hematology**

12:45 - 13:05 Thromboprophylaxis in OBGYN: An update *Anthony Saroufim*

13:05 - 13:25 Bleeding in Women *Colette Hanna*

13:25 - 13:45 Iron deficiency / Iron deficiency anemia in women: Updates on work up and management *Antoine Finianos*

13:45 - 14:00 Q&A

### 14:00 - 15:00 **Special Session 8: Women and cervical cancer: Towards eliminating cervical cancer in the Arab Region**

*(FAGOS special session in collaboration with WHO EMRO)*

**Panelists: FAGOS, FIGO, WHO EMRO, LSOG, and MOPH**

1- Burden of CC with future prospects

2- Current screening / prevention status

3- Towards a multi-layered strategy to eliminate cervical cancer

# Acknowledgements

**WISH**  
Women's Integrated Sexual Health Program

**AUBMC**  
AMERICAN UNIVERSITY OF BEIRUT MEDICAL CENTER  
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**Registration Fees:**  
Int'l Participants 400 USD  
Lebanese Participants 100 USD

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